# KANTAR

# Hort Innovation

Introducing the Domestic Growth Framework

Australian Market Report October 2022

# Hort Innovation

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1. Key Insights 2. Background and Objectives 3. Approach and Methodology 4. Context Impacting Consumer Choice 5. Introducing the Demand Space Framework 6. Papaya Deep Dive 7. Appendix



#### Key Insights

6 Needs Pillars Drive All Consumption Choices

Taste and Convenience Are Table-stakes Meal Occasion has the next Biggest Influence on Choice

Advantages can Drive Growth in 'Heartland' Territories Poor Quality is the Biggest Barrier to Growth

All consumption of fresh produce is driven by 6 unchanging consumer needs:

- 1. Taste
- 2. Quick & Easy
- 3. Healthy & Nutritious
- 4. Indulgence
- 5. Physical & Mental Energy
- 6. Connection

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While **Taste** and **Quick & Easy** are an **expectation** for all consumption territories, growth opportunities exist for many commodities by distinctively delivering to **'Second Order'** Needs While the 6 Needs Pillars are the primary driver of commodity choice, the next most predictive factor that determines consumers' choice for fresh produce is Meal Occasion:

- 1. Breakfast
- 2. Lunch
- 3. Dinner
- 4. Dessert
- 5. Snack

Highlighting where commodities have a advantages in key territories can be leveraged to improve distinctivity and drive consumer choice Consumers cite **poor quality** as the most significant **impediment to choosing** fresh produce, and overcoming specific quality barriers is a necessity for most commodities to realise incremental growth opportunities



# 2. Background and Objectives





# Background

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- To support and guide an approach to the delivery of industry-leading consumer insights, Hort Innovation developed a Consumer Insights Strategy 2022-2026 in late 2020.
- The Strategy identified three pillars of activity with the overall vision "By 2026, consumer understanding is at the heart of our thinking and actions."
- Our research proposal is aligned with the second strategic pillar: bringing consumers into focus and will be delivered through MT21003 Consumer Demand Spaces for Horticulture project outcomes.



# **Objectives**

- The objective of this project is to help Hort Innovation provide a foundational demand spaces framework for the horticulture sector.
- This framework will support levy players, industry stakeholders and value chain members in identifying "where to play" and "how to win" when seeking to engage consumers.
- The demand space foundational framework will support the identification and prioritisation of growth opportunities which will uncover tangible avenues for industry stakeholders and Hort Innovation to drive ongoing campaign and product development strategies to elevate demand for each category.



# 3. Approach and Methodology





# Approach









#### 1. Audit & Discovery

Project Kick Off Knowledge Audit Stakeholder Workshop

Outcomes from Phase 1:

• Clear understanding of key hypotheses and inputs into later stages of work and alignment on the knowledge gaps.

#### 2. Localise & Enrich

Qualitative Online Community

Outcomes from Phase 2:

- In-depth market understanding of occasion-based needs, identifying drivers, barriers, gaps and unmet needs across the Australian market for fresh produce.
- Key inputs into the quantitative phase.

#### 3. Develop Growth Plan

Quantitative Demand Space Modelling Quantitative Emotive Reasoning (NeedScope<sup>1</sup>)

Outcomes from Phase 3:

- Demand Space Model that maps all commodities, identifying 'Where-to-Play' and 'How-to Win'.
- NeedScope<sup>1</sup> framework that outlines the optimal emotive positioning for each commodity.

#### 4. Align & Embed

Assimilation and Debrief Workshops:

- Debrief
- Where-to-Play and How-to-Win

Outcomes from Phase 4:

- Aligned Team trained, engaged and ready to activate clear missions & jobs to be done against prioritized horizons.
- A unified growth narrative tailored and fit for purpose for key stakeholder groups.



# **Research Methodology**

#### Qualitative

- Online qualitative community
- Australia-wide with a cross-section of the general population
- N=40 consumers
- 5 x day moderated
- Members spent approximately 4-5 hours contributing daily to individual and group discussions, reacting to stimulus and building detailed response feedback
- Totalling **over 1,000 hours** of responses from community members

#### Quantitative

#### **Demand Space Model**

- N= 4,000, Australia wide, national representative sample
- 25 minute **survey**
- Category usage across fruit, veg and nuts
- Category usage across fruit, veg and nuts
- Primary or shared grocery buyer for household
- Asked about their own most recent consumption of two of the 31 commodities that they consume frequently



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# 4. Context Impacting Consumer Choices





# It is the purchasing moments that play the biggest role in fresh produce selection, rather than consumption moments.



# Two key shifts in people's approach to food have impacted the role of fresh produce: role of regionality and role of meals.



## Shift 1: The role of regionality: from Australian to local

#### From: Proudly purchasing <u>Australian</u> produce



- Supporting Aussie farmers has long been a driver of purchasing, along with Australian produce being seen to be of better quality
- Australian produce provides reassurance of quality controls, better growing conditions and health of food overall

#### To: Proudly purchasing Local produce



- Supporting local farmers and areas, contributing to local communities and states. This is particularly prevalent in WA (Buy West, Eat Best campaign performing well).
- Moving more towards areas of regionality where certain produce shines (similar to wine) e.g. Riverina Apples



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## Shift 2: The changing role of meals: Breakfast and Dinner play a bigger role

#### From: Lunch punctuating the day



- Something that involved effort, either through planning and preparing something prior to leaving home or purchasing at work
- Provided people an opportunity to break up their day by stepping away from the workplace, particularly if going out to buy lunch
- Breakfast was often quick and on the go, dinner something low effort so lunch was more of a treat

#### **To: Breakfast and Dinner being the heroes**



- Movement to working from home means people grab and go from whatever's in the fridge, rarely is lunch purchased
- Breakfast and dinner play a bigger role, more care and consideration goes into preparation as there is more time at the bookends of the work day



# Early imprints of produce also play a critical role in how consumers approach fruits, vegetables and nuts.



# Childhood experiences and early imprints of food impact individual repertoire and engagement with fresh produce

What people were exposed to when they were young, in particular what fresh produce was used (and how) largely sets people up for how they use it as they get older.

People who've become more engaged with food and/or cooking tend to be the exception. They've made an effort to broaden their horizons, inspired by recipes or other experiences.



This is food I grew up with, so have eaten it all my life. I suppose that's why I eat more of these than of other vegetables. They're my staples for roasts and just yummy."

Male, S/DINK



"I have vegetables that I buy and eat every week. They work well in most recipes and meals that I make, and there's some that are interchangeable, like sweet potato instead of potato so I know things will always turn out alright."

Female, S/DINK

# When selecting what to eat, people are limited by what's available to them, rarely do they seek out something specific

Few people are set on a particular piece of produce when they have a consumption moment, rather they choose what works for the moment that they're in based on what's readily available.

Ultimately, while the choice in the moment of consumption is important, the bigger decision comes in the purchase moment.



# People tend to shop based on the type of meals they expect to have, with a healthy dose of flexibility.



# While people may not know exactly what they're going to purchase, they broadly know the types of produce they need or intend to buy.

Most people are habitual in both their consumption and shopping choices, and therefore have a set repertoire based upon the type of meals they're going to have over the community days/week.

This allows them to then make a choice for the best value at the time.

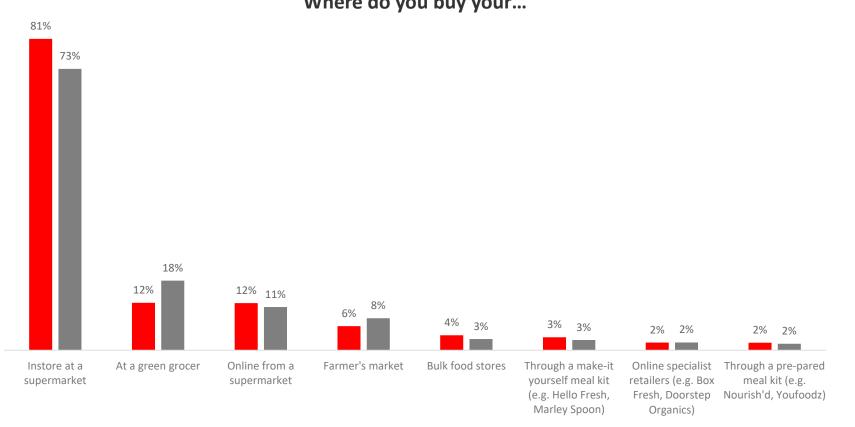
"We have standards items that we get every time, and supplement that with what's on special or best in season, as long as they fit in with what I usually cook." Female, Family

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#### Groceries are overwhelmingly purchased in store at a supermarket

Nearly 1 in 5 consumers get fresh produce from a green grocer



Where do you buy your...

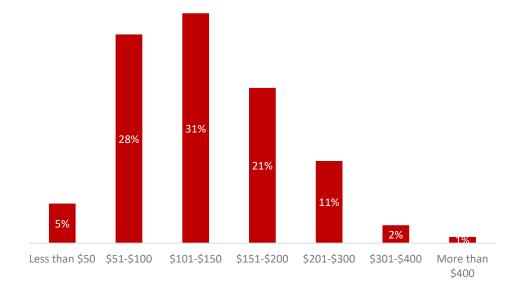




## Over half of consumers are spending between \$100-\$200 a week on groceries

Consumers estimate that about 35% of their weekly grocery bill is spent on produce

In a typical week, how much do you spend on groceries?





Estimated share of grocery cost spent on fresh produce specifically in a typical week



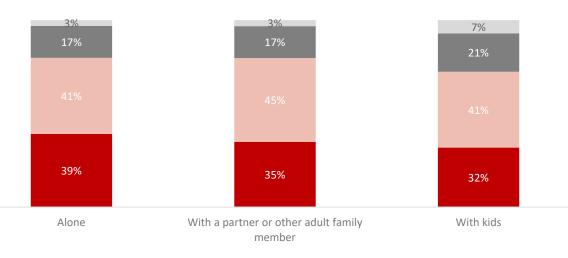


## Consumers like to use a list, although they are open to spontaneous purchases

Attitudes towards new and different items differ across the consumer base

# Which would you say describes your shop when shopping...



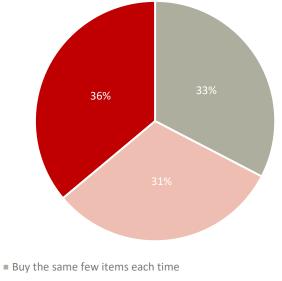


I decided what to buy spontaneously

■ I had a rough idea of what I would be buying beforehand

I had a shopping list but I also made spontaneous purchases

■ I knew exactly what I would be buying beforehand / I shopped from a shopping list



- Often buy a variety of new / different things
- Mostly buy the same items but try a few new/different things



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#### N=4,002

Source: Kantar HIA Domestic Growth Study 2022

## Price aside, the biggest purchase drivers are Australian grown and in season

Consumers are hesitant to try new items without a recipe or knowledge of how to prepare it

50%

#### The price of the produce Australian grown 43% In season 37% Produce that looks appealing (fresh, ripe etc) 33% On special 32% Produce that I know my household will like/eat 31% Staple items that I always buy 26% Locally grown 24% Produce I know how to prepare 20% Convenient to prepare/eat 19% Produce for specific recipes/meal plans 18% Has the nutrition my mind/body needs 18% The style of cuisine I like to cook 13% No or limited plastic packaging 12% Organic 8% Produce that is new and different 4% Appealing packaging 3%

ΚΔΝΤΔΡ

When shopping for fresh produce what determines your choice?

# What would encourage you to purchase fresh produce you wouldn't normally buy?

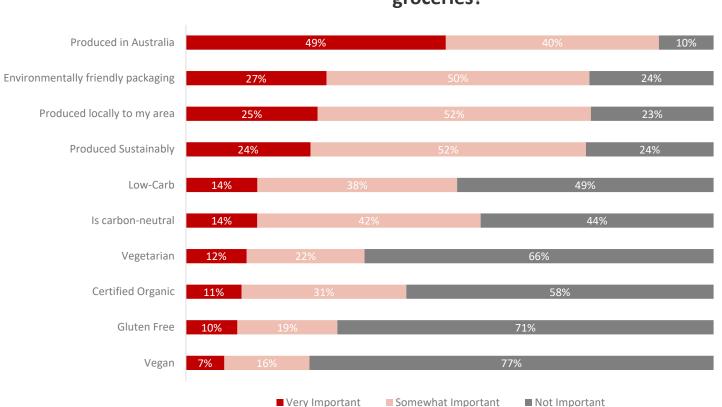




N=4,002 Source: Kantar HIA Domestic Growth Study 2022

## Locality and sustainability are what consumers are looking for from groceries

Dietary claims like Vegan and Gluten-free are less important to most consumers



# How important are the following when purchasing groceries?





# 5. Introducing the Demand Space Framework





# What can the Demand Space framework do?

Represent a total Australian market map of commodity consumption that shows where commodities are strong today, and could grow in the future.

### Additionally:

# Diagnostics

Understanding the consumption landscape of fresh produce, quantifying demand, and where some commodities have advantages over others.

Understanding drivers and barriers within key consumption territories.

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# Competitive Mapping

Identify the distinct consumption territories that certain commodities can deliver against.

Map the commodities' performance compared to substitutes, and their relative performance.

# **Opportunity** Identification

Defining 'Where to Play' -Identifying which consumption territories will unlock growth for certain commodities.

# Activation Guidelines

Guiding stakeholders on '*How to Win*', and what consumers are looking for in key consumption territories.

Identify best in class commodities to understand why and how they are winning.



# How did we build it?





What We Used...

What We Did...

- Commodity Consumption Frequency (Z6)
- Meal Occasion (C2)
- Occasion Needs (C8)

- Principle Component Analysis
- Cluster Analysis
- Correspondence Mapping
- Qualitative Validation

• 6 Needs Pillars

What We Got...

• 5 Meal Occasions







# We have identified **6** needs pillars, born of unchanging consumer needs that drive consumption choices of fresh produce

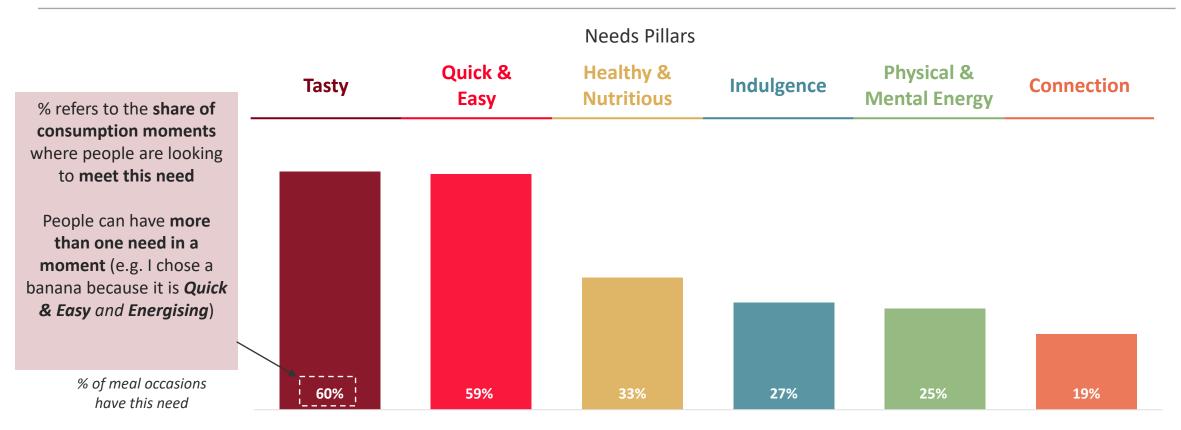






#### **Needs Pillars**

# In over half of all fresh produce occasions consumers are in search of something *Tasty* and *Quick & Easy*



#### N=4.002

Question: How important were each of the following when you chose to consume commodity name at occasion time?

Additional detail in Appendix B

KANTAR Source: Kantar HIA Domestic Growth Study 2022

# The 6 needs pillars form the first of two dimensions that make up our Demand Space framework







# The meal occasion has the biggest influence on commodity choice, making it a natural second dimension of the Demand Space framework



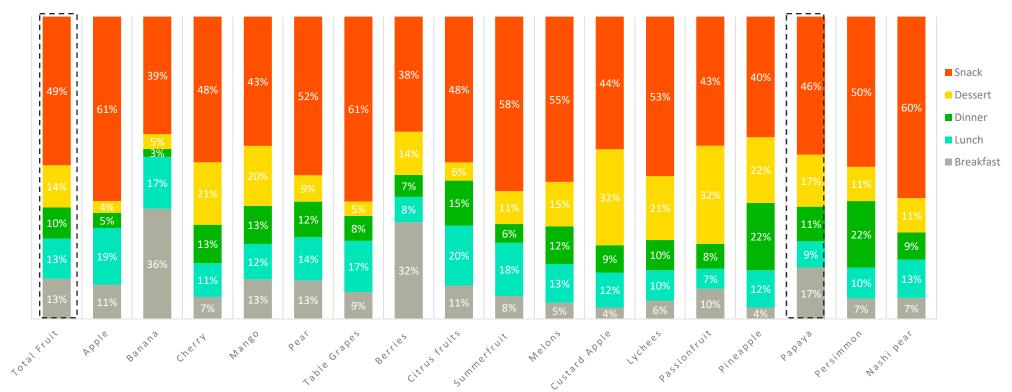
Breakfast	Morning meal
Lunch	Mid-day meal
Dinner	Evening meal
Dessert	Post-dinner
Snacks	Between meals





# Fruit by consumption occasion

Snack Occasions are 46% of Papaya occasions, which is a slight under-representation vs 49% for All Fruit. Breakfast is 17% of all Papaya occasions, an over-representation vs 13% for All Fruit.



**Occasion Share of Sub-Category** 



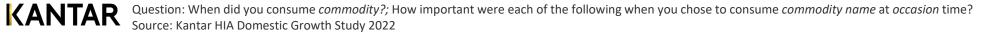
N=4,940 Question: When did you consume *commodity name?* Source: Kantar HIA Domestic Growth Study 2022



#### **Demand Spaces**

# Demand Space Framework





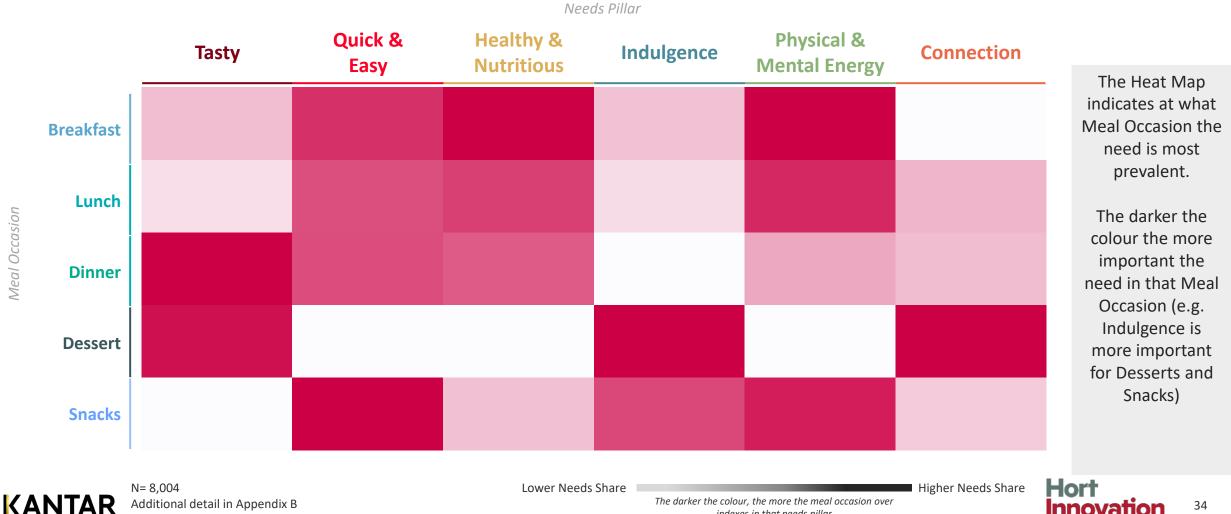


#### **Demand Spaces**

Additional detail in Appendix B

Source: Kantar HIA Domestic Growth Study 2022

# The Needs Pillars vary in importance across Meal Occasions



The darker the colour, the more the meal occasion over

indexes in that needs pillar

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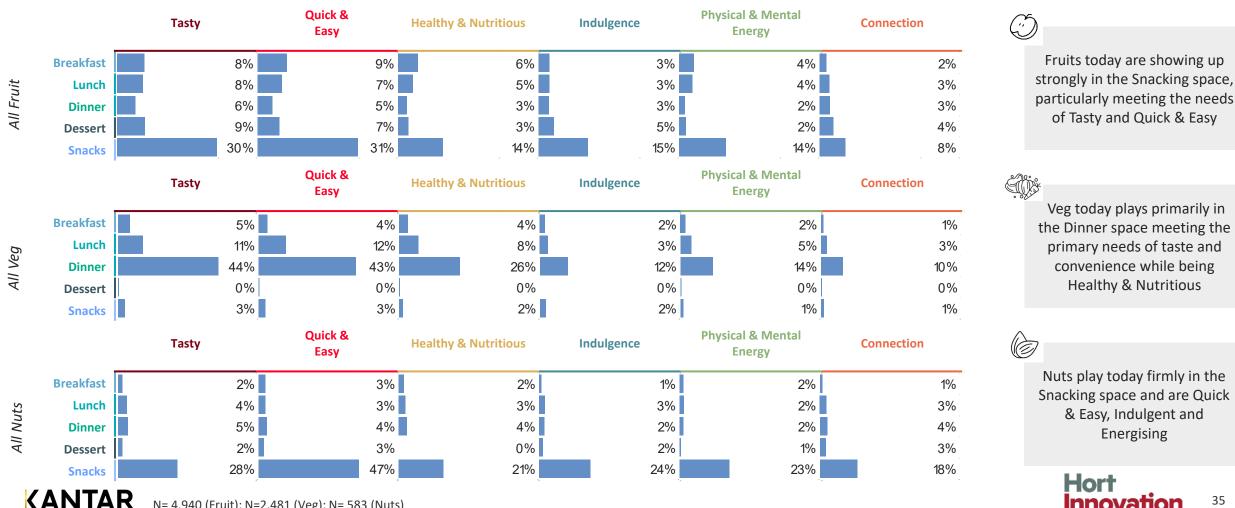
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#### **Demand Space Framework**

The Demand Space framework provides a map of the landscape through which we can understand the role commodities plays now and into the future

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N= 4,940 (Fruit); N=2,481 (Veg); N= 583 (Nuts)

Source: Kantar HIA Domestic Growth Study 2022

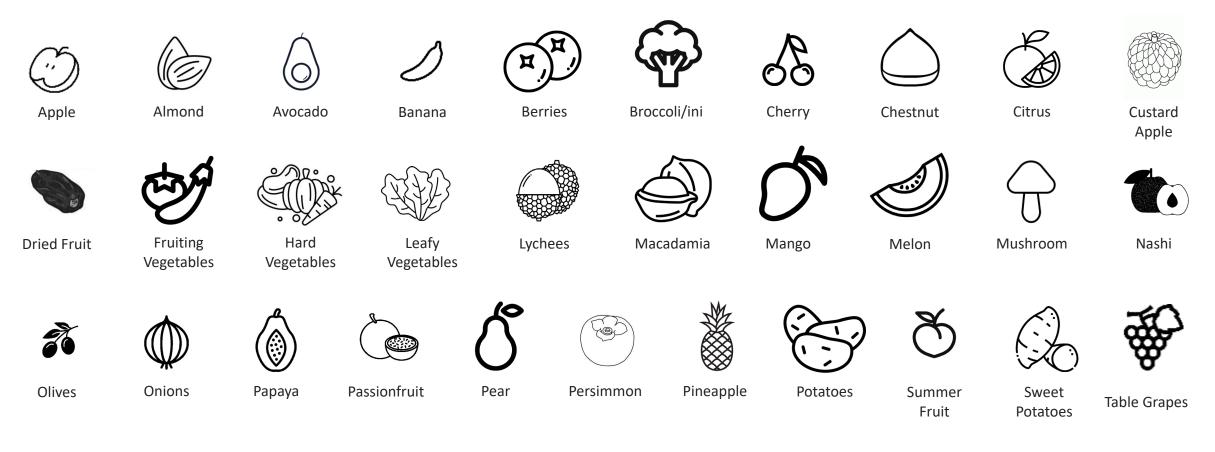
# 6. Papaya Deep Dive





### **Commodities In Scope**

This study covers 31 commodities that can be mapped on the Demand Space framework to identify current and future opportunities



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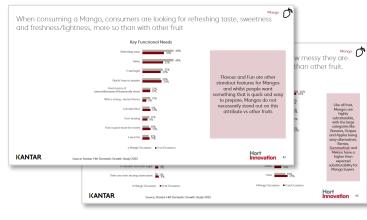
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### Content for Each Commodity

# What's included for each commodity?

# <text>

### Drivers/Barriers/Substitutes



### **Light v Heavy Consumers**

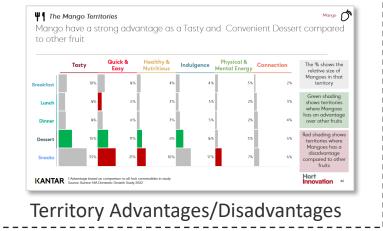
#### Fruit Usage Frequent and Infrequent Mana

Frequent and Infrequent Mango consumers share the same Fruit consumption occasions and have the same consumption needs.

Infrequent Mango consumers tend slightly towards Quick & Easy and Snacks, yet still have plenty of room for Tasty and Indulgence.



### Where to Play



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#### Mango Advantages

Below are the key territories in which Mango has an advantage over <u>other</u> Fruit. The competitors are those for which these territories are also prevalent. Highlighted attributes are those in which Mango over-index.

	Tasty	Indulgent	Dessert	
Key Needs (key ant/or our-inter occurs needcompositing Hargo strengths are hydrighter)	Really Tasty     Refreshing     Everyone will eat	Satisfy a craving     Treat/Indulgence     Relax & unwind     Nostalgic/Comforting	Really Tasty     Refreshing     Treat/Indulgence     Good for Sharing	
Key Competitors (tentory of equivalant size within cotegory occession)	Melons Grapes Berries	Summerfruit Grapes Berries	Melons Berries Summerfruit	
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### How to Win

Mango

#### Mango **Competitive Review** Benefits Barriers Refreshing, Sweet, Light, Intense Flavour, Fun Expensive, Messy, Bruises Easily Mango Melon Refreshing, Sweet, Light Expensive Poor Quality Goes off tor quickly, Messy, More quantity than typically Need Refreshing, Sweet, Light, Consumer on Expensive, Poor Quality Grapes Berries Quick & Easy, Refreshing, Sweet, Light, Expensive, Goes off too quickly, Poo Quality Summer Refreshing Light Quick & Easy Sweet Expensive Goes off too quickly Poo Consume on the Go Quality, State of Ripeness in store, bruis -fruit easily. Messy Refreshing, Quick & Easy, Light, Sweet, Bruises Easily, Poor Quality, More Excitin Apple Banana Quick & Easy, Filling, Consume on the Goes off too quickly, Bruises Easily, S of Ripeness in store Hort KANTAR



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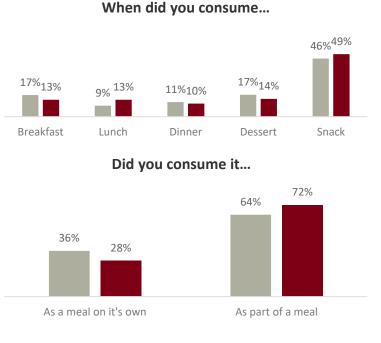
Mango 🔊

# Papaya

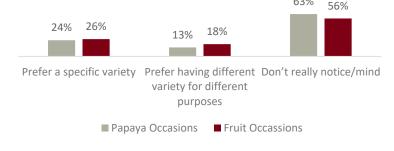




# Papaya occasions are similar to all Fruit occasions, with a skew towards Breakfast and Dessert and most likely to be eaten fresh on its own



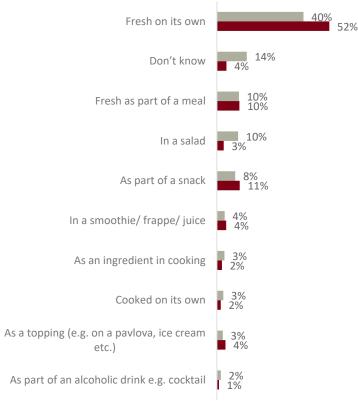
### When you typically buy or eat mangoes do you prefer a specific variety?



Source: Kantar HIA Domestic Growth Study 2022

N= 196 Papaya Occasions

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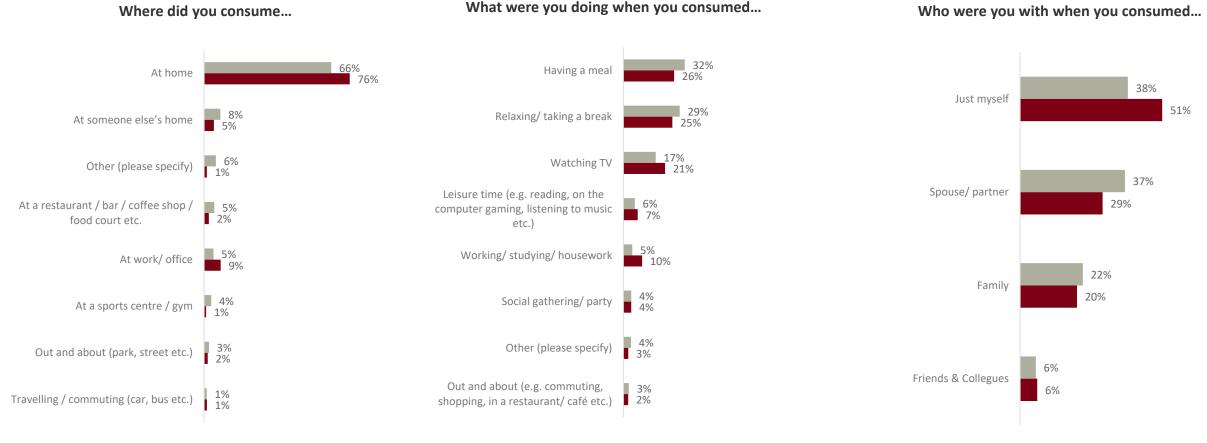
How did you eat...

Papaya Occasions
Fruit Occassions



Papaya

Like most fruit, Papaya is mostly consumed at home. People eat Papayas when they're having a meal or during downtime like watching TV or relaxing.



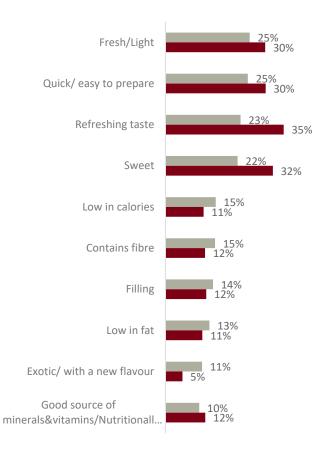
■ Papaya Occasions ■ Fruit Occassions

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Papaya



# When eating a Papaya, consumers are looking for refreshing taste, convenience and sweetness but less so than other fruits



### **Key Functional Needs**

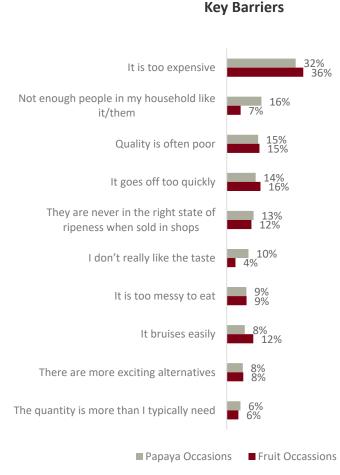
Lower in calories & fat and fibre-rich are features where Papaya stands out more so than other fruits

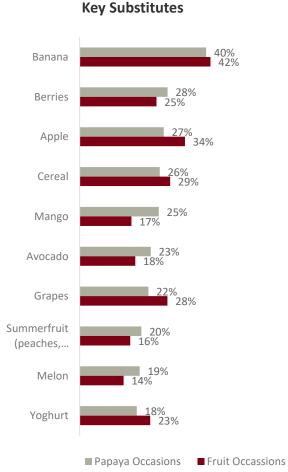
■ Papaya Occasions ■ Fruit Occassions



Papava

**KANTAR** N= 196 Papaya Occasions Question: What were you looking for when you consumed *commodity name*? Source: Kantar HIA Domestic Growth Study 2022 The most significant barrier for Papayas are not enough people in the household liking them. They are also challenged by quality and ripeness issues





Like all fruit, Papayas are highly substitutable, with the large categories like Banana and Berries being easy alternatives that also are strong in the breakfast space



**AR** N= 196 Papaya Occasions Questions: What are the reasons you may not choose *commodity name?;* What else would you typically consider having if *commodity* wasn't available

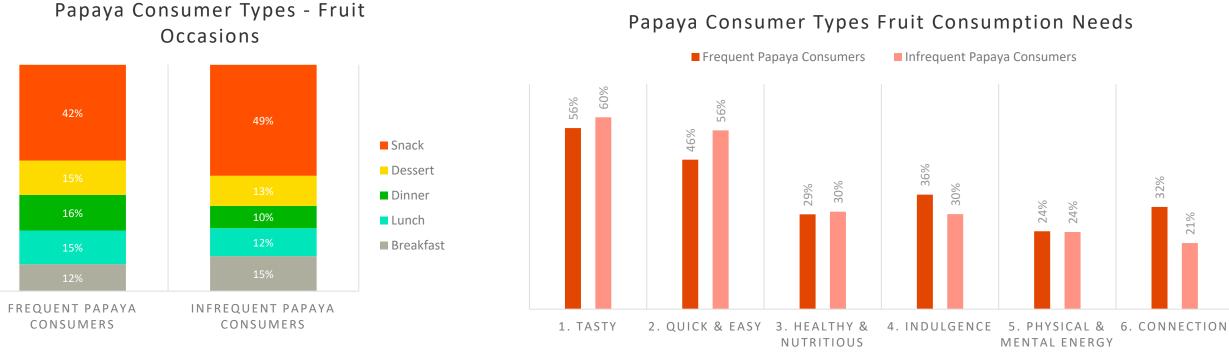
Source: Kantar HIA Domestic Growth Study 2022



# Papaya Usage

Frequent and Infrequent Papaya consumers share similar Fruit consumption occasions and have similar consumption needs.

Infrequent Papaya consumers tend slightly towards Quick & Easy, yet still have a need for Taste and Nutrition.



Papaya Consumer Types Fruit Consumption Needs

N= 1012 Frequent Papaya Consumers; N=2177 Infrequent Papaya Consumers

Question: When did you consume commodity?; How important were each of the following when you chose to consume commodity name at occasion time? KANTAR Source: Kantar HIA Domestic Growth Study 2022







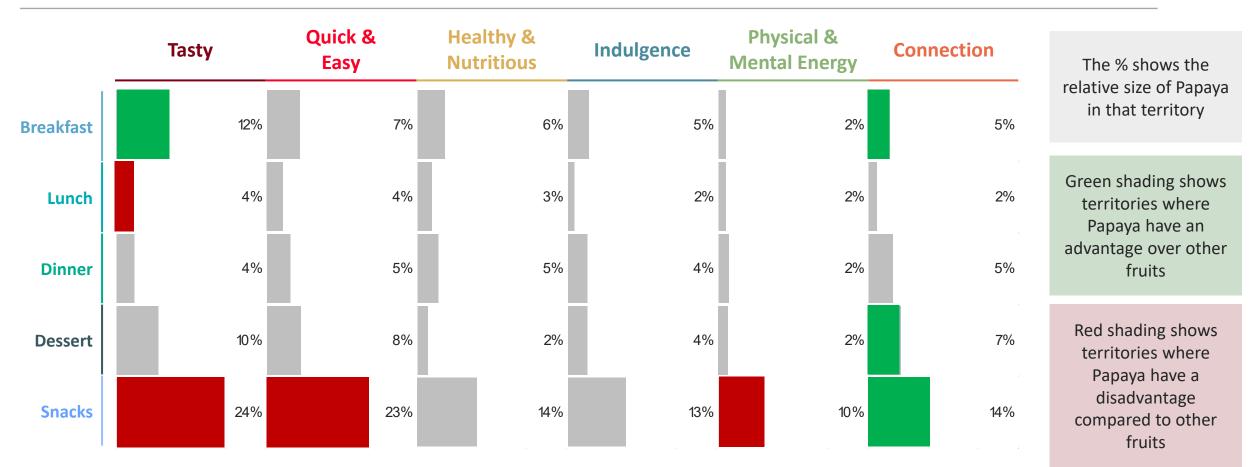


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Papaya has a strong advantage in Connection, particularly in the Breakfast, Dessert and Snacking spaces



N= 196 Papaya Occasions 1 Advantage based on comparison to all fruit commodities in study Source: Kantar HIA Domestic Growth Study 2022

### Papaya Advantages

Below are the key territories in which Papaya have an advantage over other Fruit. The competitors are those for which these territories are also prevalent. Highlighted attributes are those in which Papaya over-index.

	Connection	Breakfast	Dessert	
Key Needs (large and/or over-index occasion needs, corresponding Papaya strengths are highlighted)	<ul> <li>Good for Sharing</li> <li>New and Different</li> <li>Makes the Moment Special</li> <li>Festive/ Celebratory</li> </ul>	<ul> <li>Really Tasty</li> <li>Quick &amp; Easy</li> <li>Nutrition for my Mind &amp; Body</li> <li>Quick energy boost</li> <li>Manage my weight</li> <li>Certain nutritional goals</li> <li>Long lasting energy</li> </ul>	<ul> <li>Really Tasty</li> <li>Refreshing</li> <li>Treat/Indulgence</li> <li>Good for Sharing</li> </ul>	
Key Competitors (territory of equivalent size within category occasions)	Cherries Persimmon Custard Apple Passionfruit Lychees	Banana Berries	Passionfruit Custard Apple Pineapple Lychees Cherries Mango	
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### **Competitive Review**

	Benefits	Barriers
Рарауа	Exotic. Low in calories. Contains fibre. Filling.	Not liked by the whole household. Don't like the Taste. Poor Quality. State of Ripeness in store.
Cherries	Sweet. Refreshing. Light. Consume on the go. Rich in antioxidants.	Expensive.
Custard Apple	Exotic. Exciting/Fun. Quick & easy.	Expensive. Don't like the Texture. Don't like the Taste. Takes too long to prepare.
Passionfruit	Refreshing. Sweet. Quick & easy. Enhances flavour. Adds texture.	Expensive. State of Ripeness in store. Don't know what to do with it.
Lychee	Refreshing. Sweet. Light. Exotic. Exciting/Fun.	Expensive. Not liked by the whole household. Too messy.
Mango	Refreshing. Sweet. Light. Intense Flavour. Exciting/Fun.	Expensive. Too messy. Bruises easily.
Berries	Quick & Easy. Refreshing. Sweet. Light. Rich in antioxidants. Nutrient dense.	Expensive. Goes off too quickly. Poor quality.
Banana	Quick & Easy. Filling. Consume on the go.	Goes off too quickly. Bruises easily. State of ripeness in store.
Persimmon	Sweet. Light. Exotic. Exciting/Fun.	Expensive. Don't know what to do with it. Too messy. Don't like the Taste. Don't like the Texture.
Pineapple	Refreshing. Sweet. Light. Enhances flavour.	Too messy. Takes too long to prepare. Quantity more than I need. Too much sugar. Not convenient.







# 6. Appendix A: How to use this report





### How to use this report



	ning a Mango, consumers s/lightness, more so than w Key Fi		Mango 🖍
	Refreshing taste	34%	
	Sweet	32%	
	Fresh/Light	32% 29%	
	Quick/ easy to prepare	28%	Flavour and Fun are other standout features for Mangos
	Good source of minerals&vitamins/Nutrition ally dense	12%	and whilst people want
	With a strong, intense flavour	5% <sup>12%</sup>	something that is quick and easy to prepare, Mangos do not
	Cancains fibre	13%	necessarily stand out on this attribute vs other fruits
	Fun/ exciting	11% 8%	
	That is good value for money	10% 13%	
	Low in fat	19%	
	II Mango O	ccasions Fruit Occasions	
KANTAR	Source: Kantar HIA Domestic Growth Study 2022		Hort Innovation 42

#### How we ask the question

Respondents who have consumed the commodity in the last 4 weeks are asked to describe the last occasion on which they consumed the commodity. They selected the top 3-5 reasons that they chose to consume the commodity.

#### How to read the data

The charts provide the % who selected each reason for choosing the commodity. The higher and lower than average bars indicate higher and lower % scores for the commodity vs. the average of all fruit.

#### How to use the data

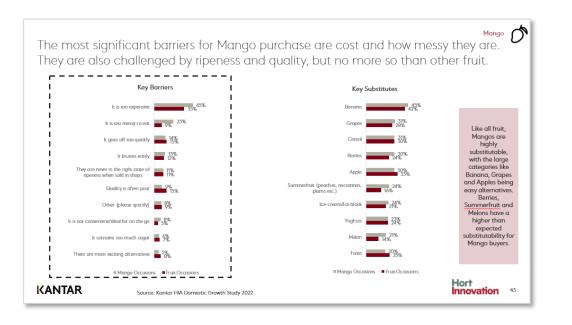
Attributes that have high scores are the most important reasons that people choose the commodity. Attributes that are higher than average are strengths for the commodity vs other fruit sub categories.



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### How to use this report

### Slide 44: Category Barriers



#### How we ask the question

Respondents who have consumed the commodity in the last 4 weeks are asked to describe the last occasion on which they consumed the commodity. They were asked to select all the reasons they may not choose the commodity in that same occasion.

#### How to read the data

The charts provide the % who selected each reason they may not choose The commodity. The higher and lower than average bars indicate higher and lower % scores for the commodity vs. the average of all fruit.

#### How to use the data

Attributes that have high scores are the most important reasons that people don't choose the commodity. Attributes that are higher than average are bigger barriers for the commodity than for other fruit. Attributes that are lower than average are smaller barriers for the commodity than other fruit.



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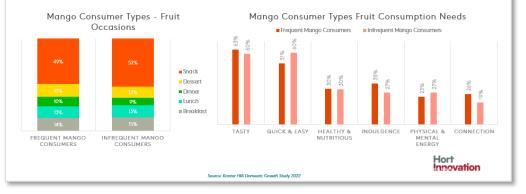
### How to use this report

### Slide 45: Light v Heavy Users

#### Fruit Usage

Frequent and Infrequent Mango consumers share the same Fruit consumption occasions and have the same consumption needs.

Infrequent Mango consumers tend slightly towards Quick & Easy and Snacks, yet still have plenty of room for Tasty and Indulgence.



### How we ask the question

Respondents who have consumed the commodity in the last 4 weeks are asked to describe the last occasion on which they consumed the commodity. They were asked to select all the reasons they may not choose the commodity in that same occasion.

#### How to read the data

Mango

The charts provide when consumers last ate the commodity and the % who selected each reason for choosing the commodity.

The charts show light users vs heavy user. Heavy users eat the commodity at least once a fortnight. Light users eat the commodity once a month or less.

### How to use the data

Attributes that have high scores are the most important reasons that people choose the commodity.

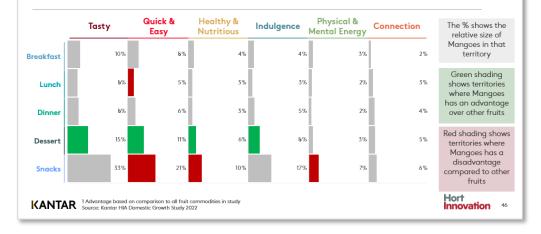


### How to use this report

### Slide 46: Category Territories

#### The Mango Territories

Mango have a strong advantage as a Tasty and Convenient Dessert compared to other fruit



### How we ask the question

Respondents who have consumed the commodity in the last 4 weeks are asked to describe the last occasion on which they consumed the commodity. They selected the top 3-5 reasons that they chose to consume the commodity. Using an understanding of their occasion and their needs, we map the commodities 'territories' against the Horticulture Demand Framework.

#### How to read the data

Mango 🥂

This provides the % of all the commodity's needs and occasions. As respondents had an average 2.2 needs for every occasion, the numbers add up to more than 100%. The green and red bars indicate respectively higher and lower %'s for the commodity compared to the average of all fruit.

#### How to use the data

High %'s are the largest demand territories for the commodity. Territories that are higher than average are strengths for the commodity vs other fruit sub categories. Territories that are lower than average are weaknesses for the commodity vs other fruit sub categories.



# 6. Appendix B: Needs Pillar Detail





# Tasty

We all have to eat, right? But if I'm going to really satisfy my hunger I need something that is super tasty, that tantalizes my tastebuds and stimulates all my senses.

Food should always be satisfying with a refreshing buzz that even the pickiest of eaters in the household will eat!





*Tasty* Needs to deliver...

# A refreshing sensory experience that promises delicious and consistent tastes that everyone loves



### **Really Tasty**

Produce that provides a great sensory experience

# Refreshing

Produce that refreshes the palate

# **Everyone will eat it**

Produce that I know everyone in my house will like and eat





### Tasty



Food is seen as a pleasure rather than a fuel



Table stakes for all meal occasions – heightened for weekend dinners



Typically with partner & family











# Quick & Easy

We're about to head out and we need a snack that we can eat while we're on the go – it's been a busy day so it's going to have to be something we already have in the fruit bowl.

I'm getting hungry and thinking about dinner but I can't be bothered to cook. I need something that is quick & easy, that I've made a million times and that doesn't require much thought – I'm thinking omelettes!

**KANTAR** 



*Quick & Easy* Needs to deliver...

# A convenient experience that doesn't require much thought or preparation and good to go



# Quick & Easy

Produce that requires little to no preparation

# Doesn't require much thought

Produce I know what to do with

# Can consume on the go

Produce that is good for eating on the go

# Already had it available

Produce that is readily available at home/work



### Quick & Easy



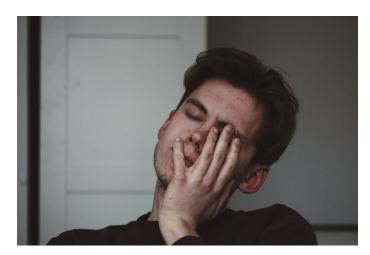
I'm not in the mood to cook and often eat the same thing out of habit



Most important for those snacking moments – and also weekday dinners



Typically on my own









# Healthy & Nutrition

Your health is your wealth and so I really try and focus on making sure I cram my body full of all the goodness it needs with three healthy meals a day.

I make sure to be careful with what I eat during the week ensuring I meet certain macro nutritional goals to help maintain my weight as I get older. This also means I can indulge a little on the weekend and not feel guilty about it!



*Healthy & Nutritious* Needs to deliver...

# A guilt-free experience that provides me all the goodness my body needs



# Nutrition my mind/body needs

Produce that provides the nutrition my body needs to thrive

# **Guilt-free**

*Produce that I don't have to feel guilty about eating* 

# Weight management

Produce that helps me manage my weight

# Nutritional goals

Produce that helps me meet my macro/nutritional goals





### Healthy & Nutritious

What are you looking for?  $( \square )$ 

I prefer to eat more vegetables & less meat



### 🕑 When?

Most important for main meals – particularly during the work week





Typically on my own







# Indulgence

Food can be such a pleasure and life is for enjoying! When you've had a long week there is nothing better than making a dish close to your heart whether that's my grandma's apple pie or my partner's favourite pasta.

It's a moment to treat yourself and unwind from the week. And when you are craving something close to your heart nothing else quite hits the spot!



*Indulgence* Needs to deliver...

# An indulgent experience that provides me with a moment of pure pleasure and comfort



# Treat myself or others

Produce that feels like an indulgence

# Satisfy a craving

Produce that satisfies what my body is craving

# Relax & Unwind

Produce that helps me relax and unwind

# Comforting

Produce that provides comfort or is nostalgic



### Indulgence



I'm happy to pay a premium for quality food in this moment



🕑 When?

Most prevalent when eating dessert & snacking





Can be either on my own or with family and friends







# Physical & Menta Energy

I make sure to start my day with a breakfast that will provide me with long sustaining energy to see me through my busy day at work.

By mid afternoon my motivation is dwindling. My stomach is rumbling and I am craving a snack. I need something that will satisfy my hunger and give me that burst of energy to make it through the rest of my work day.

KANTAR



*Physical & Mental Energy* Needs to deliver...

# An reinvigorating experience that fuels my body and provides me with the energy I need







# Quick energy boost

Produce that provides an immediate burst of energy

# Long lasting energy

Produce that gives me a sustained energy boost

# Stops hunger

Produce that stops me feeling hungry



### Physical & Mental Energy

What? 

In this moment, food is a fuel more than a pleasure



Breakfasts, snacks and sometimes lunch – particularly during the week



Most commonly on my own









# Connection

Is there anything better than connecting over a meal with the ones you love? Food has such a great way of bringing people together.

I love the festive season for exactly this reason! Some of my favourite foods come into season and I get to enjoy and explore new and different flavours that we don't usually eat in our regular meals



Connection

Needs to deliver...

# A unifying experience that creates a special moment with something a bit different



# Good for sharing

Produce that is good for a crowd

# Create a special moment

Produce that makes a moment more special

### Festive

Produce that is celebratory of the moment

# New & different

*Produce that provides new or different tastes and flavours* 



### Connection



In this moment I enjoy trying new tastes & cuisines 🕑 When?

Desserts and weekend dinners



### Family & friends











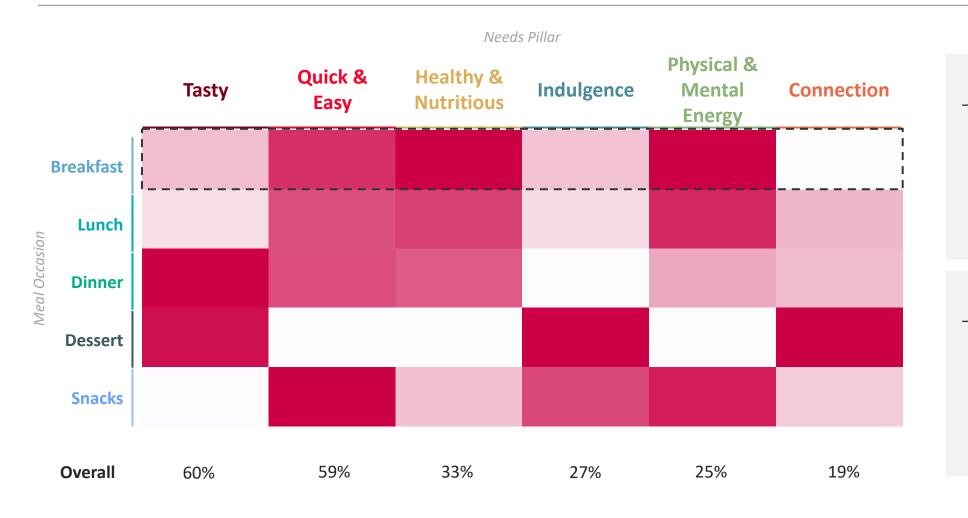
# 6. Appendix C: Demand Space Detail

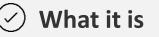


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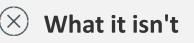
# **H** Breakfast

# At Breakfast time Needs skew towards Convenience and Health





Breakfast is all about Health, Convenience & Energy



At Breakfast time people are not typically looking for Connection or Indulgence



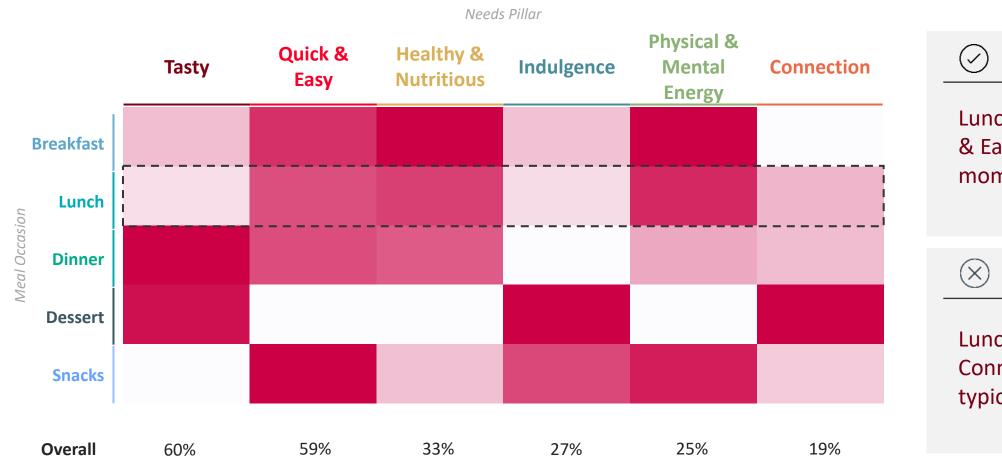
Lower Needs Share

The darker the colour, the more the meal occasion over indexes in that needs pillar



# **U** Lunch

# Lunch is about being sensible – Energy, Health and Convenience trump



### What it is

Lunch needs to be Quick & Easy and a Nutritious moment



Lunch is less about Connection and not typically Indulgent



Source: Kantar HIA Domestic Growth Study 2022

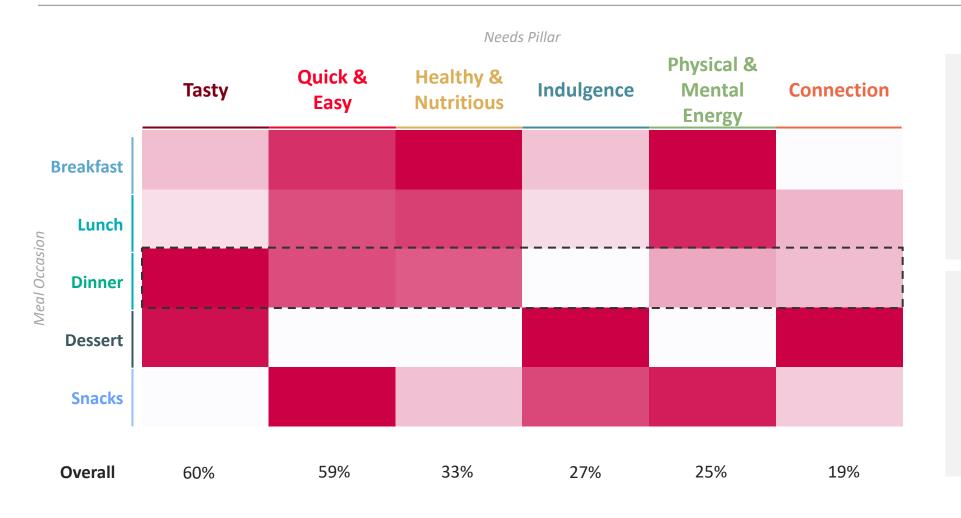
Lower Needs Share

The darker the colour, the more the meal occasion over indexes in that needs pillar



**Dinner** 

# Dinner needs to be liked by everyone in the household



What it is

Dinner needs to be Tasty and Something Everyone Will Like that Doesn't Take too long to Prepare



It's the end of the day and I'm not looking for an Energy Boost from Dinner



Source: Kantar HIA Domestic Growth Study 2022

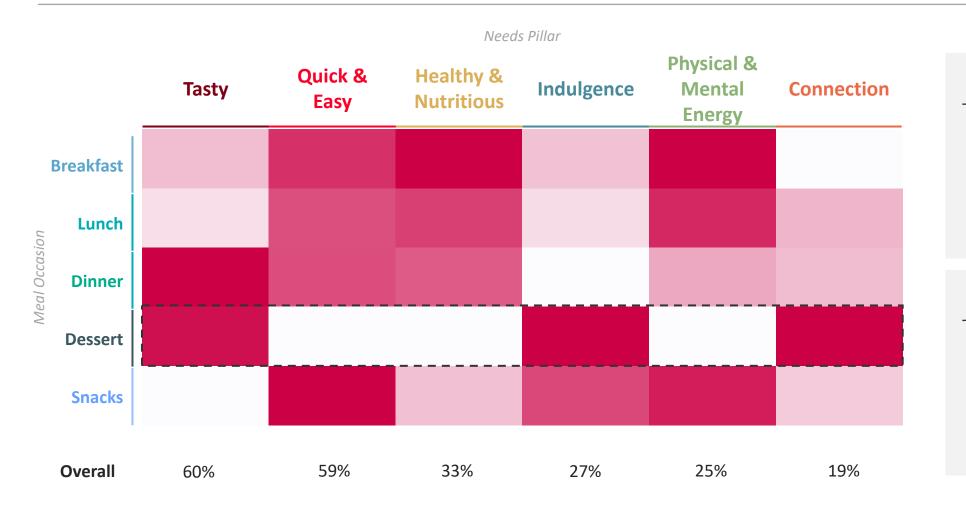
Lower Needs Share

The darker the colour, the more the meal occasion over indexes in that needs pillar



**U Dessert** 

# Dessert is all about Connecting and Indulging



 $\bigcirc$  What it is

Dessert is a moment for true Indulgence & Connection with those around me



I don't mind if Dessert takes a little more Effort and I'm not thinking too much about Nutrition



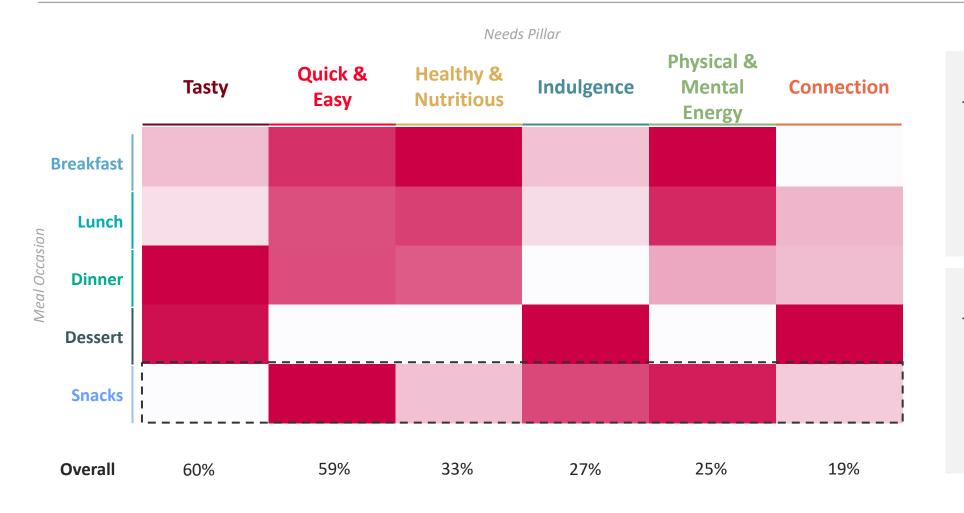
Lower Needs Share

The darker the colour, the more the meal occasion over indexes in that needs pillar



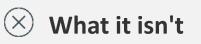
# ¶¶ Snacks

# Snacks need a feeling of Indulgence while being Quick & Easy



### What it is

Convenience is king here. I'm looking for Energy & a small feeling of Indulgence from my snacks



I'm generally on my own and not looking for anything overly Healthy when Snacking



Source: Kantar HIA Domestic Growth Study 2022

Lower Needs Share

The darker the colour, the more the meal occasion over indexes in that needs pillar

